

**Milk Thistle** seed's unique group of flavonoids called "silymarins" help preserve normal metabolic activity of the liver and support its regenerative processes. Milk Thistle is particularly helpful to the body in combating the harmful effects of pollution.†

This herbal supplement contains standardized Milk Thistle (*Silybum marianum*) extract powder from the highest grade whole seeds.

The Ultimate Extract® process makes our Milk Thistle easier to digest and more available than plain herb powder, creating a premium Milk Thistle supplement.

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**ARCANA  
PHARMACY™**

Ultimate Extract®  
Standardized

**MILK THISTLE**  
**175 mg**

Supports Liver Metabolism†  
Dietary Supplement  
**100 VEGETARIAN CAPSULES**

Formulated for: Arcana Pharmacy™  
10820 N. Torrey Pines Rd.  
La Jolla, Ca 92037

**Supplement Facts**

Serving Size 1 Capsule    Servings Per Container 100

Amount Per Serving	% Daily Value
--------------------	---------------

Milk Thistle seed Extract	175 mg *
---------------------------	----------

Standardized for a guaranteed potency of 80% silymarins.

\* Daily Value not established.

Other Ingredients: Capsule (vegetable source), magnesium stearate (vegetable source), silica.

**SUGGESTED USE:** Take one capsule up to six times daily with 8 oz. warm water, between meals.

**CONTAINS NO** sugar, starch, artificial colors, flavors, preservatives, corn, soy, yeast, wheat, grain, gluten, egg, or milk products. Suitable for vegans.

Pregnant or lactating women should consult their health care professional before using this product.

**KEEP OUT OF REACH OF CHILDREN.**

989G

